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Welcome to the fifteenth edition of the Edington Village News.

This month we have as always a selection of articles including our regular musings from Mercedes and this month Stephen is writing about wasps.

We have all been sent scam emails or received unwanted phone calls at some time, we have an article on how to prevent them impacting upon us and what to do if we receive one. The Under Fives playgroup are looking for a new leader, find out more about what they do and how you may be able to help. As promised last month more photos from life on the farm back in the 1940's.

We also have photos of the tea in the Priory Church grounds plus the latest exploits of the WI on the playfield.

- Don't forget we are always looking for articles to publish, we have our regular articles and there is always room for more.
- Remember we are reliant on contributions to

make this newsletter a success.

•Send your articles to

newletter@edingtonwiltshire.org.uk



The Plough Inn, Monastery Road

Come and meet our MP Dr Andrew Murrison in the Parish Hall on Tuesday 27th July from 2:30-3:00pm.



Dr Andrew Murrison MP is reviving his 'Rural Rides' summer tour of villages and parishes throughout his constituency after face to face interactions were put on hold due to the Covid-19 pandemic.

Come and meet Dr Murrison in the Parish Hall and enjoy a cup of tea while having the opportunity to raise any issues with him or just to say hello.

Coffee morning Drop In



Every Tuesday, 10.30 - 11.30 am in the Three Daggers. Transport available.

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Local surgeries latest

REMEMBER YOU MUST WEAR A FACE
COVERING WHILST IN THE BUILDINGS
White Horse Health Centre and Bratton
Surgery



Westbury surgery TELEPHONE 01373 828330 Bratton Surgery TELEPHONE 01380 831911

What do I do if I think I have coronavirus (Covid-19)?

The main symptoms of coronavirus are:

- high temperature this means you feel hot to touch on your chest or back
- new, continuous cough this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- loss or change to your sense of smell or taste this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

If you are experiencing one or more of these symptoms then DO NOT visit your GP practice. You should visit 111.nhs.uk/covid-19 or call NHS 111 if you cannot get help online.

You must self-isolate for seven days from when your symptoms started. Anyone you live with, or in your support bubble, who does not have symptoms must self-isolate for 14 days from when the first person started having symptoms.

You must also ask for a test as soon as you start showing symptoms. You can do this online – visit

www.nhs.uk/ask-for-a-coronavirus-test

Dr Edwards & Partners www.westburygp.co.uk

As the Covid situation eases we will only be featuring the Lavington surgeries news if there is a significant item appearing on either of their websites.

Wiltshire Police



Community Speed Watch Enforcement Officers

A new initiative introduced by the Wiltshire Police Criminal Justice Department has committed a

dedicated resource to support Community
Speed Watch Volunteers across the Force area.

The new role of Police Community Speedwatch (CSW) Enforcement Officer will complement existing policing methods carried out by the Roads Policing Unit and Community Policing Teams. The overall aim is the further reduction of road casualties and to keep our roads safer.

Our proactive enforcement strategy supports our communities where there are concerns around excess speed or known levels of high offending, with CSW volunteers acting to help keep their localities safe within 20mph, 30mph or 40mph speed limits.

At the present time there are around 1000 individuals actively involved in CSW in Wiltshire & Swindon with a further 3000+ subscribers to the Community Messaging CSW group.

For those who expressed a more cynical view on the role of CSW during Volunteers' Week last month, you will find that the new roles and new state-of-the-art back office solution and Home Office approved roadside cameras are going to make a significant difference. The new kit will speed up the issue of the 15,000 - 20,000 warning letters and Notices of Intended Prosecution sent out each year.

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HAVE YOU BEEN AFFECTED BY CRIME?

Reporting a crime

We can support you whether you have reported the crime or not. If you wish to report the crime you can do the following:

Call the police non-emergency number 101

Online www.wiltshire.police.uk

Anonymously
Call Crime Stoppers 0800 55 51 11
or email www.crimestoppers-uk.org

You can also call us for advice 0808 281 0113

Volunteers are at the heart of what we do
We want people from every community to help
us reach out to all victims in need of support.
We'd love to hear from you.

Phone 01380 738878 for further details.

Victim Support 7A Bath Road Business Centre Bath Road, Devizes, Wiltshire SN10 1XA

Tel: 01380 738878

or email wiltshire@victimsupport.org.uk

Monday to Friday, 9am-5pm

How we can help



Our service is free, non-judgemental and confidential.

We can also support family members.

Our highly-trained team based in your area can help you in many ways.

Talking to someone other than your family and friends can make it easier to think things through.

We can make sure you get the information, help and support you need to get your life back on track.

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Extracts from the Wiltshire Council latest news.

Council considers future options for delivery of key services

Wiltshire Council is considering its options on the future delivery of its ground maintenance and street cleansing services, with the contract of its current provider due to expire next year.

At its meeting on 13 July, Wiltshire Council's cabinet will consider a recommendation to procure a new contract for the services, rather than bring them under the management of the council.

The council's Streetscene service is responsible for carrying out many day-to-day tasks, including the emptying of public litter bins, grounds maintenance of public open spaces and amenity areas such as grass cutting, street cleansing, fly-tip clearance of non-hazardous waste, and play area inspection.

These services are currently provided by Idverde, with the contract due to expire in November 2022. The council is also using this opportunity to look at how some of the services are delivered to ensure they are as efficient as possible, while still delivering high quality services for its communities.

Council sets out its grass cutting policy to balance both safety and environmental benefits

As the recent wet weather and subsequent warm spell has provided the perfect conditions for prolific plant growth, Wiltshire Council has modified its approach to grass cutting to keep highways safe, while at the same time allowing wildlife to thrive.

On rural highways, the council started cutting visibility splays on junctions and some bends, along with some of the particularly narrow lanes in the middle of May. The remaining verges will

be left uncut until September, which enables wildflowers to set seed and spread more widely in the verge.

The council has also been piloting a 'cut and collect' on the whole of the A350 in the county, to encourage wildflowers to grow. Collecting the grass means less nutrients go back into the soil, and this creates conditions that encourage the growth of wildflowers.

In urban areas, general grass areas are cut monthly from March-October, while in some amenity areas the council undertakes an environmental cut once in March, July and September, which gives native plants an opportunity to thrive. It is also currently running wildflower trials in amenity areas, also on a 'cut and collect' basis.

Advanced notice of roadworks

Bratton Road, Westbury 30 July to 11 August 7am to 6pm, resurfacing and associated works.

Melbourne Street, Bratton 23 July to 26 July, resurfacing work. Subject to weather conditions.

Support for domestic abuse victims in Wiltshire

We are working closely with charity Splitz so people in Wiltshire who need to escape abuse and make positive life changes are supported when they need help

Wiltshire Council is conducting a review of domestic abuse services to ensure victims continue to receive support across the county.

As part of the ongoing review, and in response to the national domestic abuse bill, Wiltshire Council will be investing to ensure local support is effective, and also using government funding for victims of domestic abuse and their families.

The council already works closely with charity Splitz so people in Wiltshire who need to escape abuse and make positive life changes are supported when they need help.

People in Wiltshire who want to come forward for support can contact Splitz on **01225 775 776** Monday - Friday 9am - 5pm

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Edington Parish Council News

Now that summer is with us, yes it started back on 1 June and continues until the end of August, can we all be aware of the increased growth in the vegetation, in particular, if you have a hedge that borders a pavement or footpath please make sure that it is trimmed back and not overhanging the path.

Farmers are now working in the fields gathering the crops and this necessitates them using large machinery, when you park your vehicle around the village please ensure that it is not causing an obstruction to farm vehicles and of course emergency vehicles. We are a rural community and we must all take responsibility for sensible parking around the village.

Our monthly moan about dog mess has elicited a response from one villager who witnessed a dog owner clearing up after their dog but then depositing the poo bag in the nearest houselhold black bin rather than one of the numerous public waste bins around the village. Thank you for cleaning up but please dispose of the poo bag responsibly.

The Parish Council would like to thank the organisers of the Tea at the Priory on Monday, a very pleasant afternoon.

Remember you can always contact the Parish Council by email

parishcouncil@edingtonwiltshire.org.uk

Scam emails and phone calls

There has recently been an increase in the number of people receiving scam emails and phone calls.

The following advice from the National Cyber Security Centre will hopefully help everyone from falling for one of these.

Dealing with suspicious emails, phone calls and text messages

How to spot the most obvious signs of a scam, and what to do if you've already responded.

We are committed to helping you defend yourself from cyber criminals who are preying on fears of the coronavirus (COVID-19). While we have not seen an increase in the overall number of scams, we are seeing a higher proportion that use fake coronavirus services and products as a lure. We are seeing many scams where criminals will contact you by email, text message or phone call, and will use the current situation to try and trick you.

This guidance explains what to do if you think you have received one of these messages.

Criminals use email, phone call and text message

Criminals want to convince you to do something which they can use to their advantage.

In a scam email or text message, their goal is often to convince you to click a link. Once clicked, you may be sent to a dodgy website which could download viruses onto your computer, or steal your passwords and personal information.

Over the phone, the approach may be more direct, asking you for sensitive information, such as banking details.

They do this by pretending to be someone you trust, or from some organisation you trust. This could be your Internet Service Provider (ISP), local council, even a friend in need. And they may contact you by phone call, email or text message. The term 'phishing' is often used when talking about emails.

Scams during the COVID-19 pandemic

While everyone is worried about the



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coronavirus, cyber criminals have seen this as an opportunity. In emails and on the phone, they may claim to have a 'cure' for the virus, offer financial rewards, or encourage you to donate to worthy causes. Like many scams, these criminals are preying on real-world concerns to try and trick you into interacting. They may also mimic real NHS messages.

These scam messages can be very hard to spot. They are designed to get you to react without thinking.

If you think you've already responded to a scam, don't panic. Whether you were contacted by phone, email, or text message, there's lots you can do to limit any harm.

Reporting suspicious messages

The message might be from a company you don't normally receive communications from, or someone you do not know. You may just have a hunch. If you are suspicious, you should report it. By doing so you'll be helping to protect many more people from being affected.

Email

If you have received an email which you're not quite sure about, forward it to the **Suspicious Email Reporting Service (SERS)** at report@phishing.gov.uk

Text message

Suspicious text messages should be forwarded to 7726. This free-of-charge short code enables your provider to investigate the origin of the text and take action, if found to be malicious.

What to do if you've already responded

If you've already responded to a suspicious message, take the following steps:

- •If you've been tricked into providing your banking details, contact your bank and let them know.
- •If you think your account has already been

hacked (you may have received messages sent from your account that you don't recognise, or you may have been locked out of your account), refer to our guidance on recovering a hacked account.

- •If you received the message on a work laptop or phone, contact your IT department and let them know.
- •If you opened a link on your computer, or followed instructions to install software, open your antivirus (AV) software if you have it, and run a full scan. Allow your antivirus software to clean up any problems it finds.
- •If you've given out your password, you should change the passwords on any of your accounts which use the same password.
- •If you've lost money, tell your bank and report it as a crime to Action Fraud (for England, Wales and Northern Ireland) or Police Scotland (for Scotland). By doing this, you'll be helping the battle against criminal activity, and in the process prevent others becoming victims of cyber crime.

Spotting suspicious messages

Spotting scam messages and phone calls is becoming increasingly difficult. Many scams will even fool the experts. However, there are some tricks that criminals will use to try and get you to respond without thinking. Things to look out for are:

- Authority Is the message claiming to be from someone official? For example, your bank, doctor, a solicitor, or a government department. Criminals often pretend to be important people or organisations to trick you into doing what they want.
- Urgency Are you told you have a limited time to respond (such as 'within 24 hours' or 'immediately')? Criminals often threaten you with fines or other negative consequences.
- •Emotion Does the message make you panic, fearful, hopeful or curious? Criminals often use threatening language, make false claims of



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support, or tease you into wanting to find out more.

- •Scarcity Is the message offering something in short supply, like concert tickets, money or a cure for medical conditions? Fear of missing out on a good deal or opportunity can make you respond quickly.
- Current events Are you expecting to see a message like this? Criminals often exploit current news stories, big events or specific times of year (like tax reporting) to make their scam seem more relevant to you.

If it could be genuine

If you think a message or call might really be from an organisation you have an existing relationship with, like your bank, and you want to be sure:

- Go back to something you can trust. Visit the official website, log in to your account, or phone their advertised phone number. Don't use the links or contact details in the message you have been sent or given over the phone.
- Check to see if the official source has already told you what they will never ask you. For example, your bank may have told you that they will never ask for your password.

Make yourself a harder target

Criminals can use publicly available information about you to make their phishing messages more convincing. This could be gleaned from your social media accounts.

To make life harder for the criminals, you can do the following:

- For your social media applications and other online accounts, review your privacy settings.
- •Think about what you post (and who can see it).
- Change your phone number to be unlisted, or 'ex-directory'.

We have detailed advice on protecting your privacy on social media

Phishing attacks: Dealing with suspicious emails infographic

Edington & District Gardening Club



June meeting - Adam Pasco lives in Cambridgeshire and has been a journalist for 40 years. He worked on 'Gardeners' World' magazine for 14 years from it's launch in March 1991 as well as contributing to many other issues including the 'Waitrose'

magazine.

'THE FLOWER BULB CALENDAR – COLOUR THROUGH THE YEAR' was Adam's talk for the evening and certainly demonstrated how bulbs – including corms, tubers, and rhizomes, can brighten up both our borders and pots whatever the season.

The list of suggestions Adam demonstrated via video is too numerous to record here, however for those wishing to learn more about which bulbs to buy and how and when to plant them plus the best way of storing plants over the winter the presentation was recorded on the night and a copy is available from Angeline to all fully paid members wishing to take advantage of this information.

As well as the more familiar bulbs most of us have in our gardens Adam suggested some lesser known exotic varieties available at garden centres or by catalogue but warned these can be expensive so it is best to shop around. He also warned us to check the size of the bulbs before purchasing as the cheapest may not be the best value. They are possibly a smaller bulb which will not give the best result.

One very useful tip Adam passed on was to plant bulbs in water baskets (used in ponds for plants) either in the ground or in pots, meaning these can be lifted easily at the end of the season eliminating the need to wait for them to die back before new planting. He stressed the need to dead head regularly, water well and wear gloves when handling hyacinths. Allow many flowers to self seed such as

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Alliums.

Adam responded to some questions before Jacky thanked him on behalf of EDGC for giving us his time and inspiring us to plant bulbs.

The meeting continued with general discussion on what's happening in our gardens and David showed us (on his phone) a large Hosta outside his window.

July meeting - Heavenly Hostas, that was the subject of the last Garden club zoom meeting on July 1st.

We were zoomed by John Baker from Hampshire who told us they are the perfect perennial that originated from China in the wild but are found all over Asia with Hosta gardens in Japan, where they are often eaten in stir fry dishes. There are 1700 different varieties in John's garden some with blue, variegated or yellow leaves. Europeans first saw them in 1690 and they were classified as a lily, this category has now been changed.

John has hanging hostas in pots on shelving along walls but they do like dappled shade and to be grown in rich soil which is well drained but moist with some slow release fertilizer, protect pots in winter, in the ground they should be o.k. where some can grow 4 foot in diameter but there are also mini varieties.

Most gardeners are aware of finding their plants with leaves resembling lace from slug and snail attack but we do have some forms of defence on the form of ordinary household items. When you make coffee save the grounds, add water then spray your plants this can also be done with garlic bulbs, crush the bulb, boil it up then use the liquid solution in a spray and don't forget beer traps. Ammonia solution works well as do copper bands around pots.

Full details of the talks programme can be found on the village website.

Don't forget the Flower and Produce Show being held on Saturday 4th September in the Parish Hall. Full details for entries to the show can be found on the village website.

Village Musings

It was a beautiful, silvery and sparkling morning last Sunday, when we gathered outside the ancient Edington Priory church, where people have gathered to worship for 700 years. There is something very special about continuing with these beautiful traditions, allowing a sense of connectedness and the infinite to make our souls still for a moment.

We had delicious bacon rolls and coffee before the family service, and then everyone joined in with a joyful, interactive and reflective service, in the beautiful churchyard with the church soaring up in front of us. Because we were outside, we could even sing together! Uplifting, modern Christian music which raised our spirits and made us smile.

It was a delight to see children there too, to have them blowing bubbles for us through the service as part of the reflection, and to enjoy being part of this warm and welcoming community.

Whether we are people of faith or not, there is something spiritually refreshing about coming together like this, reminding ourselves of our own values and priorities and embedding ourselves within this very special village. Living lives of thankfulness is always going to bring a sense of joy and I think we all felt that sense of gratitude



at this simple, special event. Everyone is welcome to join these services and I really

can recommend the value in coming along to enjoy them. And you get breakfast!

Mercedes Henning

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Wasps of Edington

There are over 7,000 wasp species living in the UK and a number of these are found here in Edington. The wasps we find here can be are either solitary or a social species. The majority are parasitoids, which have young that eat insects or spiders alive. However, the most commonly seen wasps are the black and yellow social species.

Without wasps, the world could be overrun with spiders and insects. Each summer, social wasps in the UK capture an estimated 14 million kilograms of insect prey, such as caterpillars and greenfly.

Adult wasps do not eat the prey they kill they feed it to their young. Social species capture insects, chop them up and carry parts back to the nest. So, their larvae feed on the bodies of other insects and spiders.

Instead of eating insects and spiders, adult wasps - both social and solitary - only feed on sugars. In the wild, sugars come from flower nectar and fruit juices. Wasps have shorter tongues than bees, and so can suck nectar only from shallow flowers.

When on the hunt for nectar, wasps can also become accidental pollinators by travelling from plant to plant carrying pollen. Although their contribution to pollination may not be as important as that of bees, wasps still play a valuable part.

Like bees, each wasp species is either social or solitary. The social wasps build nests to house themselves and their colony.

Social wasps

The social wasps are in the Vespidae family. there are 4000 species worldwide, and eight species in Britain. I have found five of these around Edington. Their life cycle is similar to that of Bumblebees, in that it is annual, with only the newly mated queens surviving the winter by hibernating.

We usually think of social wasps as annoying pests as they often nest in the rooves of our

houses, garden sheds or trees in our gardens and have painful stings if you get too close. Yet despite some issues with them, they are actually very important in keeping the ecosystem balanced.



Wasp nest in shed with workers

The lives of wasps in Edington are dictated by the seasons. They need large amounts of insects to feed their young, so are only active in the warmer months, when food is readily available.

The worker wasps of social species die off late in autumn, while recently emerged mated females hibernate. They spend the cold months in sheltered areas such as lofts and animal burrows.

But only some survive the chill. Those that do emerge when the weather warms up in spring begin to form new colonies.

Most social wasps are not particularly fussy when it comes to finding a spot to settle down and build their nest. All they need is somewhere dry, safe, and structurally sound enough to support a nest. Some species prefer hollow trees, rock crevices or manmade structures. Some choose to nest underground.

Providing for herself, the queen settles on a location and starts to build. She constructs a nest using wood mixed with saliva. This forms a malleable pulp that is perfect for moulding. The queen lays eggs into the hollow spaces - the cells - she creates. When the eggs hatch, the queen works hard feeding the larvae with chewed up insects. The larvae grow into her first

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worker wasps. When they reach adulthood, the new workers take over the responsibility of foraging for food, caring for the eggs and larvae, and building more layers of cells. The queen then just lays eggs for the rest of her life. At the end of summer, a generation of females and males is produced, and these leave the nest and mate.



Worker wasps caring for the eggs and larvae and building more layers of cells.

The whole cycle then starts again. Some species' nests are large and elaborate, whereas others are small and compact. But each species builds nests perfectly suited to the needs and the size of their colony.

By the summer months, common wasp nests are working overtime, with up to 300 eggs being produced every day and up to 5,000 adults feeding larvae and building the nest structure. Wasps use their venomous sting to subdue prey and defend their nest. They also use it to defend themselves. They sometimes sting us as they see us as a probable threat, even if we do not really pose one. Wasp stings are smooth and can be used again and again to defend themselves and subdue prey. This is different from honeybees that sacrifice their lives as their stings have a set of tiny barbs that hook into the skin and get pulled out when they sting to defend themselves or their colony,

If you see a wasp in Edington, it will most likely be either the common wasp or the German



Common wasp worker

wasp. These species are very similar in size and colour, being about 1-2cm long, hairless, with a narrow waist and bright yellow and black banding and the two pairs of interlocking wings which the fold along their back when at rest.



Tree wasp

Other social wasps which we occasionally may see around Edington are the tree wasp and the red wasp. Tree wasps build their nests underground and in bushes and trees and can be very aggressive when disturbed by walkers and gardeners.

While the red wasp is one of the less aggressive and calmer of the wasp species, they usually only sting when provoked.

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Red wasp

The European hornet is also quite common in parts of Wiltshire, and is a valuable pollinator, but it is more of a woodland species. It is the UK's only native hornet species and is the largest of our social wasps. Their bodies are also yellow with reddish-brown markings. It has a sting that is more painful than other social wasps in Britain, usually leaving the stung area throbbing for a few hours. I once had a hornet nest above the entrance of my Science block at Wiltshire College Lackham, and a number of the students refused to go in as their size and the loud buzzing sound of these huge wasps was so intimidating.



European hornet

Some 20 years ago, I was brought a wasp by a beekeeper friend who had found a nest in a hedge near Devizes. This I identified as a social wasp species called the median wasp, Dolichovespula medea, which according to the published literature I had available at that time did not come from Britain. Specimens were then sent to the British Museum who confirmed the identification and said that they had recently received several records of this wasp from the south of England. It is now accepted as a British species and is now our second largest social wasp species after the hornet. It was first recorded in 1980 in Sussex, since when it has spread over all of England and Wales, and much of southern Scotland. It has a short life cycle, with nests finishing in August. This probably another case of a species extending its range due to climate change.



Median wasp workers can be very dark.

Social wasps in Wiltshire are becoming an increasing problem; in 2020, the Wiltshire Council pest control team treated in excess of 1,500 wasp nests. This is probably due to climate change as warmer winters will lead to more hibernating female wasps surviving the winter.

Dr Stephen Henning

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Edington Under Fives

Edington Under Fives is a lovely, lively toddler group which meets weekly. Despite a brief hiatus last spring, and a few months of meeting outside, we have now been able to meet again in the Edington Parish Hall and carry on almost as normal. We have been very lucky that the government has acknowledged the importance of toddler groups, and therefore the restrictions have been relatively relaxed. I also cannot thank the Parish Hall Committee enough for the support they have given us in getting up and running again. We could not however have kept going without our lovely members, and we have welcomed many new faces over the past 18 months; for lots of families with babies born during or just before lockdown, we have been the only place they have been able to socialise and it has provided a lifeline and a sense of normality for us all. Living in a rural community with small children can feel isolating at times and Under 5s gives a lovely opportunity to sit and have a coffee with other adults whilst the children can play.



We meet on Thursdays at 10am – 12pm. We welcome all parents, grandparents, nannies and carers with babies and children up to primary school age. We have quite a collection of toys and the hall gives plenty of space for babies and children. During August we take things

outside and do our 'Under 5s On Tour' where we meet up for picnics, walks and plays nearby, where there is enough space for older siblings to join. We hold an annual Christmas party with visits from Father Christmas (any budding actors may apply!), a very popular face-painting stall at the Edington Fair, and activities at Pumpkin Day.



I've been coming to the group since 2016; it has not only been a fun experience for my two sons, but also a wonderful way to make friends, discuss parenting highs & lows, learn about local nurseries, schools and activities, and to take part in messy crafts where others can help with the tidying up! I took over running the group in 2019, and as my youngest son is due to start school this September, we are now on the lookout for someone else to take over the reins, whether that be one person or a group of members. If you would like to come along, please contact Louisa on **07538278445**.

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From war to peace, changes in farming 1938-53 - more pictures from the archives



London Coney potato harvest 1943



1951 My first ride on the tractor



Ploughing 1947



February 1947



Ploughing 1951



1951 the new crop loader

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THREE VILLAGES MINIBUS (TVM)



We are still required to follow the covid restrictions given below but hope to continue our full shopping service in

June and July as shown below.

All drivers will need to have a familiarisation exercise, both with the operations of the vehicle and with the corona virus requirements. This guidance will be either with myself or another designated committee member and will take place before they can drive TVM.

As the numbers of passengers will be severely limited anyone interested in travelling must book their seat with me beforehand and comply with the following:

- Have no elevated temperature or been in contact with anyone who has the virus,
- Wear a face covering (provided by yourself) at all times when on the minibus,
- Keep the 2meter social distance rule while waiting for the bus and while of the bus,
- Sanitise with the liquid provided before entering the vehicle each time when entering.
 - Follow all the guidance given by the driver

or his/her assistant.

All these journeys accept concessionary passes and will return you to your door. These trips are open to all resident of our villages; we welcome everyone, of any age. I am afraid that these new restrictions must apply at present, but they are to ensure the safety of all of us.

Joy Fraser (830426)

Edington Fair 2021

It was very sad not to have brought the village together for our picnic in the park but the restrictions placed on us were such that we would have struggled to comply.

However because you are all such an amazing community, the raffle, which still went ahead, raised £500. Thank you Angeline, and your band of raffle sellers, for organising this. We will divide this between village groups most of which have all struggled financially during Covid times

Next year we will come back bigger and better but we will need your support to do so.

Please consider joining the committee as several of the current team are stepping down.

Liz Pike

Chairman

We hope to Run Shopping Trips starting at Edington on

Destination	July	August	Start Time
Devizes - £2.70	Thursday 1st	Thursday 5th	9am
Warminster - £2.30	Tuesday 27th	Tuesday 17th	1.25pm
Westbury - £1.70	Every Thursday	Every Thursday	1.30pm
Salisbury - £4.00	Saturday 3rd	Saturday 7th	9.30am

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NHS Birthday Tea in the Priory Church Grounds 5th July

A very pleasant afternoon was had by the many villagers who supported this event. Tables and chairs were quickly filled and chatter and laughter filled the air. A table groaned with homemade cakes made by the WI and friends were quickly dispatched, with only crumbs left over for the birds.



Not only was this an enjoyable village event but raised an amazing £400 to be divided between the Air Ambulance and Dorothy house





Many thanks to the church for letting us use their grounds, the cake makers ,helpers and all the lovely people who attended, Maybe we will do it again next year.



Liz and Pauline

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Edington & Tinhead WI & friends enjoy tai chi on the playing field

Meeting every second Tuesday of the month
7.30 on Zoom

www.facebook.com/edingtonandtinheadwi

Contact Liz Pike for further information 01380 830684

elizabethdpike@aol.com

On a beautiful summer's evening, 8th June, 20 ladies, including 3 visitors, enjoyed a taster session of tai chi and chi gung on the playing field with Anne Tottingham.

Anne explained she was not an expert but had great enthusiasm for sharing her style of tai chi, the Long Yang form and related chi gung taken from "Shibashi". This last one is a series of set pieces of which there are many variations. She said that there were many different forms of this very gentle martial art.

"We are all part of the same tree, but our leaves flutter differently!"

Anne explained that tai chi imitates life in nature with a series of moves following a specific pattern. The skill is in the repetition of the pattern so that it becomes second nature with just enough concentration to keep focussed. That way you are unable to think about anything else and so can be a form of meditation releasing you from everyday events while you practise each set of moves. There is no end to the learning process as it can take a lifetime of repetition to understand the nuances of each part of the form you learn.

The main emphasis is on breathing and moving slowly, putting all our concentration into the moves which flow from one to another. The breathing is like yoga, with the lower belly, or dan tien, 3 fingers below your tummy button, expanding on the in breath and contracting on the out breath. This was like filling a balloon with air and then slowly releasing on the out breath. Anne shared 5 Elements. Each exercise is done 3 times on each side.

The elements are water, wood, fire, earth, and metal. There is a pattern to the moves which are easy to follow.

She then shared several different parts of tai chi, including, "painting the rainbow, parting the clouds, repulse monkey, walking like wild geese, opening arms like white dove" amongst others. With the help of 2 regular participants who join Anne on the field each week, Monday, Wednesday, Friday at 8.15am, we could see how the first section of the Long Yang form flowed.

Anne was thanked by Karen Wright. After such an uplifting session a number of us retired to the 3 Daggers pub for a welcome drink!

Tuesday 13th July is a party in a member's garden, weather permitting.

August 10 talk about the charity HELP for HEROES hopeful back in parish hall, fingers crossed.

For more information about our very varied and wide age range WI, contact Liz Pike, President, on the number above, or speak to any one of us!

elizabethdpike@aol.com

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EDINGTON AND DISTRICT GARDENING CLUB



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FLOWER AND PRODUCE SHOW SATURDAY 4TH SEPTEMBER 2021





DISPLAYS AVAILABLE FOR VIEWING FROM 2.30pm IN THE PARISH HALL

~ REFRESHMENTS AVAILABLE ~

ADULTS - 50p CHILDREN - FREE



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Edington What's On Diary

Date	Time	Event title	Description	Venue	Other information
12 June	7.30pm	Parish Council meeting	This will be held in the Parish Hall for Councillors but due to Covid restrictions any members of the public wishing to attend must do so via Zoom	Parish Hall/ Online	To join contact the PC via website
27 July	2.30pm - 3.00pm	Meet the local MP	Dr Andrew Murrison MP is reviving his 'Rural Rides' summer tour of villages and parishes throughout his constituency	Parish Hall	
4 September	2.30pm	Produce Show	Edington and District Gardening Club Flower and Produce Show	Parish Hall	

For these and future events please check the village website for more details.

Contacting us

Email the newsletter at newsletter@edingtonwiltshire.org.uk

by phone on the Edington Parish Council help line on **07933143021** (available 9am to 6pm, Monday to Friday) or via the village website www.edingtonwiltshire.org.uk

Future editions

We welcome your comments on this new venture, please send them to the address below. If you would like to contribute an article to a future edition of the Edington Village News please email us with details of your article and we will contact you.

newsletter@edingtonwiltshire.org.uk

Deadline for articles 5th of the month.

Sharing the Newsletter

We are still hearing about villagers who say that they haven't heard about this newsletter, next time you speak to any of your neighbours and friends why not ask if they are receiving a copy and if not inform them that they can register for an emailed copy through the village website or send an email, the address is below. If they are unable to receive an electronic copy a paper copy can be obtained from Edington Post Office or perhaps you could volunteer to print out a copy for your neighbour.

If you would like to receive this newsletter electronically please visit the village website

www.edingtonwiltshire.org.uk/newsletter and enter your details or email newsletter@edingtonwiltshire.org.uk and you will be added to the mailing list.